

BREAKFAST SHOWS (WEEKDAYS) NATIONAL STATIONS

STATIONS	SURVEY PERIOD	WEEKLY REACH '000s	WEEKLY REACH '000s	WEEKLY REACH '000s
<i>Time period varies per station</i>		Q3 2022	Q2 2023	Q3 2023
NATIONAL STATIONS - MON-FRI				
BBC Radio 1 - 07.00 - 10.30am*	Q			3988
BBC Radio 2 - 06.30 - 09.30am	Q	7368	6725	6513
BBC Radio 3 - 06.30 - 09.00am	Q	595	622	605
BBC Radio 4 - 06.00 - 09.00am	Q	5925	5498	5550
BBC Radio 5 live - 06.00 - 09.00am	Q	1355	1388	1449
Absolute Radio Network - 06.00 - 10.00am	H	2214	2275	2333
Capital Network (UK) - 06.00 - 10.00am**	H		2534	2484
Classic FM - 06.00 - 09.00am	Q	1603	1505	1615
GB News Radio - 06.00 - 09.30am	Q	177	133	163
Greatest Hits Radio - 06.00 - 10.00am***	H		2338	2744
Heart Network (UK) - 06.30 - 10.00am**	H		3857	3805
Hits Radio - 06.00 - 10.00am	H	402	551	608
KISS - 07.00 - 11.00am	Q	1024	1003	1046
Magic - 06.00 - 10.00am	Q	952	1097	1112
Planet Rock - 06.00 - 10.00am	Q	574	560	619
TalkRadio - 06.30 - 10.00am	H	273	306	318
talkSPORT - 06.00 - 10.00am	H	1097	1311	1261
Times Radio - 06.00 - 10.00am	H	248	284	299
Virgin Radio Network - 06.30 - 10.00am	H	776	863	876
Radio X Network (UK) - 06.30 - 10.00am	H	1103	1117	1192

BREAKFAST SHOWS (WEEKDAYS) LONDON STATIONS

Please note: the table below does not list national radio stations which are listened to in the London area

STATIONS	SURVEY PERIOD	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH
		'000s	'000s	'000s
		Q3 2022	Q2 2023	Q3 2023
<i>Time period varies per station</i>				
LONDON STATIONS - MON-FRI				
BBC Radio London - 07.00 - 10.00am	Q	193	164	176
Capital London - 06.00 - 10.00am	Q	626	675	652
Capital XTRA (London) - 06.30 - 10.00am	Q	241	205	275
Gold London - 06.00 - 10.00am	Q	155	132	127
Greatest Hits Radio (London) - 06.00 - 10.00am	Q	264	404	439
Heart London - 06.30 - 10.00am	Q	732	670	731
KISS (London) - 07.00 - 11.00am	Q	418	382	412
LBC London - 07.00 - 10.00am	Q	712	798	744
LBC News (London) - 07.00 - 10.00am	Q	149	162	162
Magic (London) - 06.00 - 10.00am	Q	453	595	565
Premier Christian Radio - 07.00 - 09.00am	Q	15	21	70
Smooth Radio London - 06.00 - 10.00am	Q	269	310	377
Radio X London - 06.30 - 10.00am	Q	226	236	238